

Welcome To Princeton & Cascade Medical Centre!



Information for new residents of Princeton and patients without a family practitioner

ABOUT THE CLINIC:

Cascade Medical Centre is a family practice clinic providing primary care services, preventative medicine and overall health and wellness to the residents of Princeton and area. Healthcare is delivered by a team of 5 Family Physicians and 1 Nurse Practitioner (NP). Each physician and nurse practitioner has their own practice of patients.

Cascade Medical Centre is the only clinic in Princeton and is not a walk-in clinic. We are co-located at the Princeton General Hospital at 98 Ridgewood Drive.

NEW PATIENTS:

If you have recently moved to Princeton or are a resident of Princeton without a physician or NP, please stop in at the clinic and pick up a Request for Attachment Form to be put on the waitlist for a physician or NP. You will be called with an appointment when one is available to you. Please inquire with the front office staff as to an estimated wait time.

BC Services Card: If you are from out of country or another province and moving to Princeton, ensure you have an active BC Medical Services card or have applied for one as it can take up to three months to become active.

BEFORE YOU MOVE TO PRINCETON:

- It is recommended before you move to a new town or city that you find out the current medical care options available to you and ensure you have a suitable supply of medications to carry you through several months.
- Request a long-term prescription renewal from your previous physician. If you require any further lab tests relating to your prescription(s), ensure a lab requisition is also ordered by your GP.
- Request any current lab results pertaining to your prescriptions dosages prior to moving to Princeton. This information may be required before a new practitioner/locum/physician can fill your prescription.

- A prescription will not be renewed by a physician or NP in Princeton without an office visit. Refills on existing prescriptions can be transferred from your home pharmacy to one of the Pharmacies in town. Any controlled medications (such as T3's, narcotics, opioids, sedatives, stimulants etc.) can't be transferred to another pharmacy. If you are on any controlled medications, ensure your previous family physician or NP gives you a refill and bring that copy of the prescription to your new pharmacy in Princeton.

CARE AVAILABLE IN PRINCETON:

Cascade Medical Centre: If you are seeking care before you are attached to a family physician in town, please contact our office at 250-295-4482 as visits are sometimes available with a visiting locum doctor or resident. Please contact the clinic with any inquiries for appointments so staff can direct you appropriately.

Princeton General Hospital: PGH is a Level 1 Community Hospital with acute care, lab, x-ray, physio and 24/7 emergency care. ER patients are triaged accordingly.

NEAREST WALK IN CLINICS:

The nearest walk-in clinic(s) for patients is Penticton, which is an hour and fifteen minutes from Princeton via Highway 3. There are no walk-in clinics available in Merritt or Keremeos at this time.

TRANSPORTATION AVAILABLE IN PRINCETON

A Community Bus is available in town on Tuesday, Thursday and Fridays from 8:30am to 3:30pm with a break for lunch from noon to 1:00pm. The bus will travel to Penticton on Monday, Wednesday and Friday with pickups starting in Princeton at 7:30am, arrival in Penticton at approximately 10:00am and returning to Princeton by 3:30pm. Please contact Princeton & District Community services at 250-295-6666 to book the bus.

For more information about Cascade Medical and clinic hours, please visit www.cascadeclinic.ca.