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| Emergency Contact | Emergency | Non- Emergency |
| Police | 911 | 250-295-6911 |
| Ambulance  | 911 | 1-800-461-9911 |
| Fire | 911 | 250-295-3325 |
| RCMP Victim Services | 250-293-6095 Cell | 250-295-7901 Office |
| Woman’s CRISIS line 24/7  | 250-295-8211 | Emergency Abuse Shelter  |
| Princeton General Hospital 24/7 |  | 250-295-3233 |
| Penticton General Hospital 24/7 |  | 250-492-4000 |
| South Okanagan General Hospital 24/7 |  | 250-498-5000 |
| 310 Mental Health Support Line 24/7 | Good Listeners  | 310-6789 (No Area code)  |
| Suicide CRISIS LINE 24/7 | 1-800-784-2433 | Suicide Support Line Counsellors  |
| Interior CRISIS Line Network 24/7 | 1-888-353-2273 | Interior resources  |
| Princeton Family Services  |  | 250-295-3126 |
| Food Bank | Princeton Baptist Church | 250-295-7752 |
| Mental Health & Substance Use Services  |  | 250-499-3029 |
| Mobile Outreach | Harm Reduction Supplies | 250-809-7054 |
| Lower Similkameen Community Service Society- Keremeos  |  | 250-499-2352 |