

Bring this form and your care card to the laboratory listed below:

Enderby Community Health Centre Laboratory

707 – 3rd Avenue, Box 610, Enderby, B.C. V0E 1V0

Tel: 250-838-2452 Fax: 250-838-6005

Hours of Operation

8:00 AM – 3:00 PM Monday, Wednesday, Friday

8:00 AM – 2:00 PM Tuesday, Thursday

Closed daily between 12:00 PM – 12:45 PM

Kelowna General Hospital

2268 Pandosy Street, Kelowna, B.C. V1Y 1T2

Tel: 250-862-4407 Fax: 250-862-4409

Hours of Operation

7:30 AM – 5:00 PM Monday-Friday

8:00 AM – 12:00 PM Saturday & Sunday

Penticton Regional Hospital

550 Carmi Avenue, Penticton, B.C. V2A 3G6

Tel: 250-492-9014 Fax: 250-492-9037

Hours of Operation

7:30 AM – 5:00 PM Monday-Friday

Pleasant Valley Health Centre Laboratory

3800 Patten Drive, Armstrong, B.C. V0E 1B2

Tel: 250-546-4739 Fax: 250-546-8834

Hours of Operation

8:00 AM – 3:00 PM Monday, Wednesday, Friday

8:00 AM – 2:00 PM Tuesday, Thursday

Closed daily between 12:00 PM – 12:45 PM

Princeton General Hospital

98 Ridgewood Drive, Box 610, Princeton, B.C. V0X 1W0

Tel: 250-295-4414 Fax: 250-295-4066

Hours of Operation

7:30 AM – 11:00 AM Monday-Friday

Queen Victoria Hospital

1200 Newlands Road, Bag 5000, Revelstoke, B.C. V0E 2S0

Tel: 250-837-2131 Ext. 262 Fax: 250-814-2292

Hours of Operation

8:30 AM – 6:00 PM Monday-Friday

Shuswap Outpatient Laboratory

2770 Trans Canada Hwy, Salmon Arm, B.C. V1E 4N6

Tel: 250-803-4501 Fax: 250-803-4502

Hours of Operation

7:30 AM – 4:00 PM Monday-Friday

ECGs Performed at Hospital

12:00 PM – 4:00 PM Monday-Friday

Sicamous Outpatient Laboratory

Sicamous Public Health Unit

1133 Hwy 97A, Sicamous, BC V0E2V0

Hours of Operation

8:30AM – 1:00 PM Thursdays

South Okanagan General Hospital

911 McKinney Rd, Oliver, B.C. V0H 1T3

Tel: 250-498-5015 Fax: 250-498-5070

Hours of Operation

7:30 AM – 2:00 PM Monday-Friday

South Similkameen Health Centre Laboratory

700 Third Street, Keremeos, B.C. V0X 1N2

Tel: 250-499-3005 Fax: 250-499-3026

Hours of Operation

8:00 AM – 12:30 PM Monday-Friday

Summerland Health Centre Laboratory

12815 Atkinson Road, RR4, Summerland, B.C. V0H 1Z4

Tel: 250-404-8010 Fax: 250-404-8014

Hours of Operation

8:00 AM – 12:00 PM and 1:00 PM – 3:00 PM Monday-Friday

Vernon Downtown Laboratory

#205, 3210 25th Avenue, Vernon, B.C. V1T 1P1

Tel: 250-558-1242 Fax: 250-260-3229

Hours of Operation

7:30 AM – 4:00 PM Monday-Friday

Vernon Jubilee Hospital

2101 – 32nd Street, Vernon, B.C. V1T 5L2

Tel: 250-558-1342 Fax: 250-558-1368

Hours of Operation

7:30 AM – 4:00 PM Monday-Friday

8:00 AM – 12:00 PM Saturday & Sunday

Outpatient Lab Services are closed on weekends and statutory holidays except where noted

Patient Instructions

Fasting Required	Several tests require the patient to fast prior to the test. Fast means nothing to eat or drink (including gum and candy) for at least 8 hours. Water permitted. No smoking.	
	Cholesterol/Triglyceride/ HDL/LDL	Fast 12– 14 hours prior to the test.
	Glucose Fasting	Fast 8 hours prior to the test.
	Glucose Tolerance Test Non-Gestational GTT	For 3 days prior, eat regular meals with adequate carbohydrate intake. Fast 8 hours prior to the test. Patient must remain at the Lab for the duration of the test.
	Gestational Diabetes Confirmation	
Gestational Diabetes Screen		(FASTING NOT REQUIRED.) Blood is collected 1 hour after glucose drink is given to the patient. Patient must remain at the Lab for the duration of the test.
Therapeutic Drug Assays		Blood should be taken just prior to the next dose of medication
24 Hour Urine		Instructions and containers are provided by the Laboratory
Stool C&S, C.difficile, O&P, Occult Blood		
Urine Culture (C&S)		
Sputum Culture		
Semen Analysis		
Further Testing Information		Check with your Physician or with one of the above Laboratories
Protocols and Guidelines		Detailed information on MSP Protocols and Guidelines is available at: https://www.healthservices.gov.bc.ca/msp/protoguides/index.html